

# TAHQUITZ FOOTBALL

◀ May		June 2019							July ▶	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
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Notes:										

# TAHQUITZ FOOTBALL

◀ June	July 2019						August ▶
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Canada Day LIFT 3-4:30	2 LIFT 3-4:30	3 SESSION 2 ENDS LIFT 3-4:30	4 Indep. Day OFF	5 OFF	6	
7	8 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	9 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	10 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	11 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	12 FR OFF VAR SKILL 9-10:30 AM	13 VARSITY @ TEMECULA VALLEY TBD	
14	15 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	16 FR LIFT 2-3 ONLY VAR LIFT 3-4 VARSITY HOST 7 ON 7	17 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	18 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	19 FR OFF VARSITY LINEMEN @ CHAPARRAL TBD	20	
21	22 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	23 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	24 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	25 FR LIFT 2-3 ONLY VAR LIFT 3-4 VARSITY @ TEMECULA VALLEY	26 OFF	27	
28	29 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	30 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	31 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	Notes:			

# TAHQUITZ FOOTBALL

July		August 2019					September	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				1 VARSITY LOCKERS & GEAR	2 FRESHMAN LOCKERS & GEAR	3 OFF		
4	5 FITNESS TEST EVERYONE 4-6:30 PM	6 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	7 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	8 FR LIFT 2-3 VAR LIFT 3-4 FIELD 4:30-6:30 PM	9 OFF	10 OFF		
11	12 1ST DAY OF SCHOOL PRACTICE 4-6:30	13 PRACTICE 4-6:30	14 PRACTICE 4-6:30	15 FR SCRIMMAGE TBD VARSITY PRACTICE	16 FR OFF VARSITY SCRIMMAGE VS LINFIELD (HOME)	17		
18	19 PRACTICE 4-6:30	20 PRACTICE 4-6:30	21 PRACTICE 4-6:30	22 FR @ VISTA DEL VARSITY PRACTICE	23 FR OFF VARSITY VISTA DEL LAGO (H)	24		
25	26 PRACTICE 4-6:30	27 PRACTICE 4-6:30	28 PRACTICE 4-6:30	29 FR (H) INDIO	30 FR OFF VARSITY (A) INDIO	31		